Ministry of Education and Youth

Primary Exit Profile (PEP 5)

June 2024

Performance Task - Language Arts

Time: 1 hour 30 minutes

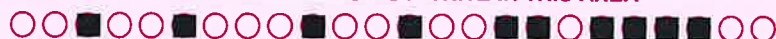## Write your name and the name of your school below:

_____

Name of Student

_____

Name of School

_____

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General Instructions:

This task has two parts: Part 1 has five questions; in Part 2 you are asked to write an essay.

Instructions to Begin:

There are two sources. Read the sources carefully then use them to answer the questions in Part 1, as well as to write your essay in Part 2.
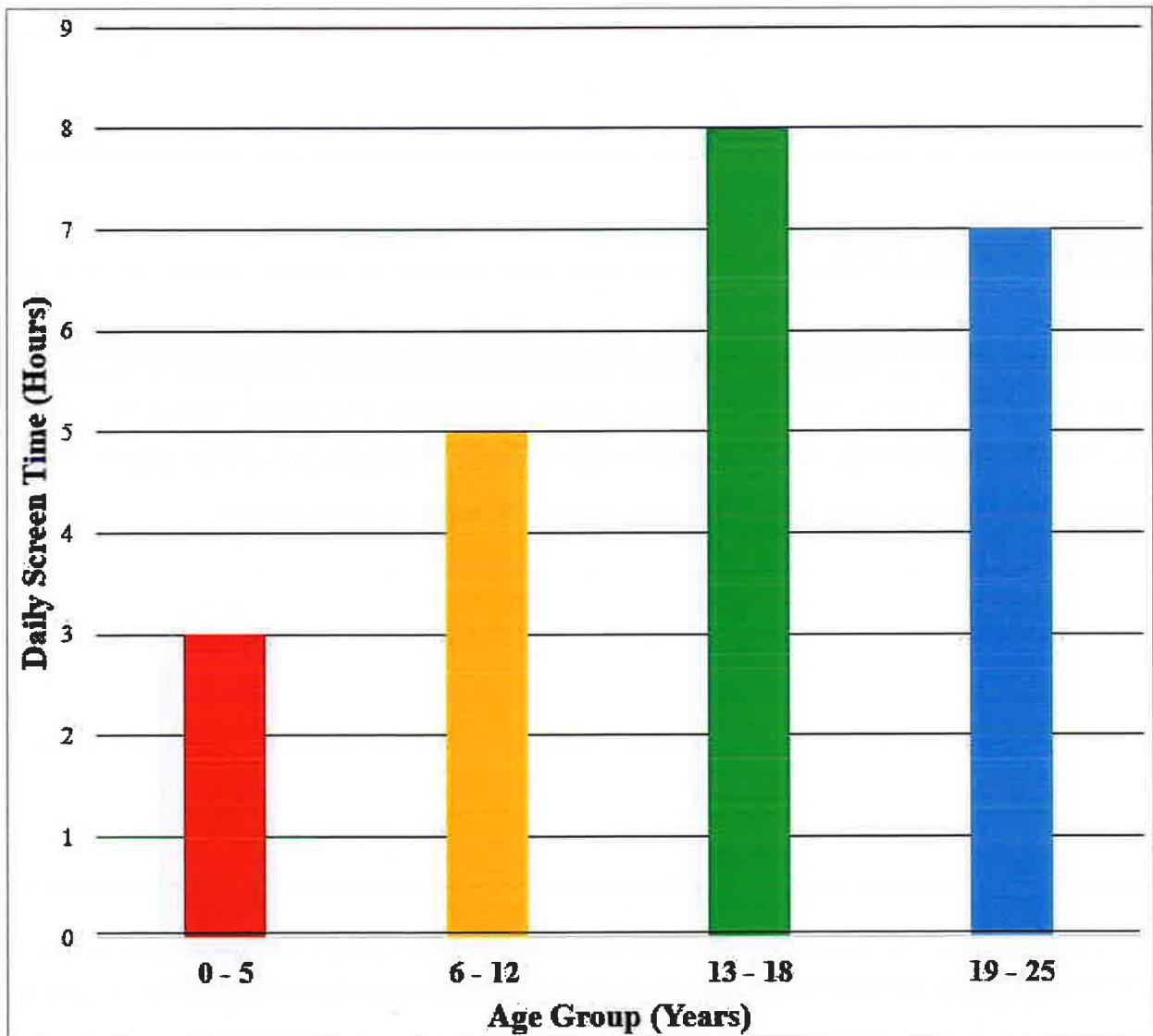
Introduction to Task

Your teacher thinks that some students are spending too much time in front of a screen on a daily basis. So, your teacher asked you to do a research then write an essay. While researching, you found two (2) sources. **Source 1** is a bar graph showing daily screen time usage by age group. **Source 2** is an article.

What is screen time?

Screen time is time spent watching television, playing a video game, or using an electronic device with a screen (such as a smartphone or tablet).

Bar graph showing daily screen time by age group

Source: (Adapted) Centers for Disease Control

Managing Screen Time

With screens virtually everywhere, monitoring a child's screen time can be challenging. But screen time is not the only issue. Another concern is *what* the child is watching. Some content may be educational while others may be negatively contributing to a child's development. So what should parents do? Understanding the impact of too much screen time is a good place to start. The next step is to make a plan for how children will be allowed to use screen time.

The problem with screens

Too much screen time and frequently watching harmful content have been linked to:

- Obesity
- Not getting enough sleep
- Behavioural problems
- Delays in language development
- Violence
- Attention problems
- Less time doing school work

Developing screen time rules

The American Academy of Paediatrics discourages screen time for children under two years old. And for children over two years, *supervised use of electronic devices* is recommended.

For older children, there should be a limit on screen time each day. Experts in child development recommend:

- Controlling time spent on electronic devices
- Keeping screens out of the child's bedroom
- Using apps that control the length of time a child can use a device
- Helping children to know the difference between appropriate and inappropriate content

Source: (Adapted) www.mayoclinic.org

Part 1

Instructions:

This part has FIVE (5) questions. Read each question carefully, then answer them.

1. Which age group spends the most time looking at a screen?

_____

2. Which source has *problem and solution* information?

_____

3. Read the **THREE** questions below. Then shade the option that indicates the source from which the correct answer may be found.

Question	Source 1 only	Source 2 only	Both Sources
A. Information on two things parents worry about, as it relates to screen time, is in which source(s)?	○	○	○
B. Which source(s) has evidence that suggests that there is a pattern of increased screen time in a child's first 15 years?	○	○	○
C. Which source(s) suggests that children under age three are being exposed to screen time?	○	○	○

4. Read the two conclusions below then indicate whether each conclusion is supported by evidence from Source 1 **OR** Source 2

A.

Conclusion 1:

The amount of screen time children are being exposed to daily has become a cause for concern among parents.

_____

B.

Conclusion 2:

Some children are spending as much as eight hours per day on screen time.

_____

5. In Source 2, what is meant by *"supervised use of electronic devices"*?

_____

_____

_____

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Part 2

Now that you have gathered information from the two Sources, use the information to help you write your essay in this section.

Instructions:

Task

Write an essay in which you:

- explain **TWO** problems that children aged 6 – 12 may have if they spend too many hours on screen time daily

- explain **ONE** thing parents can do to control the number of hours students spend on screen time

Read the information below about what to include in your essay, then begin your work.

When you write your essay, remember that it should:

- have an introduction and a conclusion

- stay on topic

- use details from both sources to support your opinion

- give details from the sources in your own words

- follow rules of writing (spelling, punctuation, and grammar usage)

Write your essay on the lines provided.

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